Subject: Chat with Karen Lancaster
From: Karen Lancaster <lancaster.karen@gmail.com>
To: barriticus@gmail.com

Karen: What's going on and how are you? Are you over your cold?
me: going to get a massage
me: yes, over cold
Karen: a massage?!
Karen: from whom? I love massages!
me: massage envy
Karen: Is it the first one you've ever done? Ask for a deep tissue.
Karen: Where they really dig in.
me: yes, it is
me: yes, I will
Karen: i ithink you will love it! let me know after you're done!
me: ok
Karen: love you, have fun =